

## Attachment C: Fitness Facilities

Gyms, health clubs, and other similar fitness facilities shall be able to open their facilities for limited use. Fitness facilities that choose to open under limited use must do so under the following guidelines:

- Customers or patrons should be asked about symptoms before entering or participating in the activity, and service or participation should be declined if they are symptomatic.
  - Limit the number of customers to 30% of fire/building capacity.
  - Do not allow members to wait in lobby or in lines outside of the doors.
  - Members must wear a face covering while using the facility, when physically possible.
  - Post signs at entrances regarding face coverings, and post signs throughout the facility as needed to remind guests of social distancing and proper hygiene.
  - Make reasonable accommodations for vulnerable populations who are still under the Safer at Home advisement. (e.g. assistance with equipment cleaning, special hours).
  - All members and staff must practice good hand hygiene, either hand washing or sanitizer.
  - Members experiencing symptoms of any illness **MUST** exclude themselves from using the facility.
  - Use of equipment in the gym must be limited to no closer than every other machine so that participants are not exercising right next to each other and smaller exercise rooms with poor ventilation should be discouraged from use.
  - Implement one-way entry/exit and directional walkways as much as possible.
  - Spread people out so that there is at least a 10-foot social distance between individuals throughout the facility.
  - Sharing of equipment must be prohibited unless they are household contacts.
  - An employee must be required to disinfect equipment after every use.
  - Perform environmental cleaning and disinfection of bathrooms and high touch surfaces every 2 hours and maintain a cleaning log.
  - Monitor employees for one of the following symptoms:
    - Cough
    - Shortness of breath/difficulty breathingOr two or more of the following symptoms:
    - Fever
    - Chills
    - Repeated shaking with Chills
    - Muscle Pain
    - Headache
    - Sore throat
    - New loss of taste or smell
- Symptomatic employees MUST be excluded from the workplace**
- Employees shall be required to wear a non-medical cloth face covering over the nose and mouth and any person that cannot wear a mask shall not be permitted to work at this time.
  - Personal training is allowed while strictly adhering to social distancing guidelines and limited to 4 people, plus the instructor.
  - Group classes are not allowed

- Sport courts are to remain closed
- Locker rooms must remain closed
- Saunas, pools (indoor and outdoor) and shared spaces must remain closed
- On-site childcare facilities must remain closed